

TUNING INTO KIDS

Emotionally Intelligent Parenting
Tuning into kids is a parenting program that helps children learn to understand and regulate their emotions. Children with good emotional intelligence often have better emotional, social and physical functioning, as well as fewer behavioural difficulties.



FREE course , if requiring childcare, please indicate when registering.

To register or for more information contact: 9626 5312.

TRIPLE P

Positive Parenting Program
Triple P helps parents promote your child's development and communication skills, manage your child's behaviour and emotions, build good relationships with your child and take care of yourself as a parent.

TRIPLE P
Every Wednesday,
7th August to 25th September 2019
5pm - 7pm
Marayong House
64 Falmouth Rd, Quakers Hill
Childcare Available

TRIPLE P
Every Thursday,
8th August to 26th September 2019
10am - 12pm
Marayong House
64 Falmouth Rd, Quakers Hill
Childcare Available

TUNING INTO KIDS
Every Tuesday,
6th August to 10th September 2019
5pm - 7pm
Doonside Cottage
2 Astral Dr, Doonside



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